

STATE BENEFIT INFORMATION



ECONOMIC ASSISTANCE PROGRAM INFORMATION

FOOD AND ENERGY ASSISTANCE PROGRAMS

Supplemental Nutrition Assistance Program: helps low-income households buy food. Formerly known as Food Stamps.

SNAP

Low Income Home Energy Assistance Program: helps households pay for heating, cooling, deposits, repairs and eligible crisis/ disconnect situations. If applying for LIHEAP, everyone who lives at your address is required to apply.

LIHEAP

FAMILY AND CHILDREN PROGRAMS

Aid to Dependent Children provides financial assistance (or cash payment): to help support children 18 and younger who live in the household. Participation in Employment First, a work readiness program, may be required.

ADC

Child Care Subsidy: helps pay for child care services.

CC

Emergency Assistance: provides financial assistance or other services to households with children that lack food, shelter and/or medical care due to an emergency situation.

EA

MEDICAID PROGRAM INFORMATION:

MEDICAID AND LONG-TERM CARE (MLTC)

Medicaid: provides health care services to low-income families, seniors, and individuals with disabilities.

MLTC

HOW TO APPLY:

Economic Assistance

Toll Free: (800)383-4278

Medicaid

Toll Free: (855)632-7633

Website

www.accessnebraska.ne.gov

UNEMPLOYMENT INFORMATION:

- Apply online: www.networks.nebraska.gov or download the NEworks app on Google Play or Apple Store
 - To file an unemployment insurance claim, make that selection during Registration for an Individual account or under Unemployment Services if you have an existing account.
- In response to COVID-19, from March 22 through May 2, NDOL will waive the requirement to search for work, as well as the requirement to serve an unpaid waiting week once eligibility is determined.
- Any questions should be emailed to ndol.nichelp@nebraska.gov. or you can talk with someone via live chat on the website.
- Step by Step instructions with pictures and videos can be found here: <https://www.dol.nebraska.gov/UIBenefits/Resources/FAQ>