

FYI October 21, 2021

No School - Friday, October 22nd

10:15AM Late Start - Wednesday, October 27th

PLEASE . . . BE SURE YOUR STUDENT HAS A MASK AND WATER BOTTLE EACH DAY. Water faucets are not in use, however, we have bottle fillers available to refill bottles. Keeping a water bottle at school to refill each day is an easy way to ensure students are hydrated. We have masks available at school for students who need one. Masks should be multi-layered. If a student uses a "gator" it needs to be multi-layered or doubled to create layers. Thank you for your cooperation.

ARRIVAL TIMES . . . Students should not be at school until 8AM. Supervision is not provided until 8AM except for bus transportation students. If families need child care prior to 8AM, you may contact the Before and After School Program Director, Kara Nelson, kara.nelson@civicnebraska.org Other local child care options are also available. Please contact the school if you need assistance.

HUSTLE RUN/WALK . . The fun festive spirit of The Hustle, a 1 mile run/walk, 5k, or 10k attracts man, woman and child. Serious and non-serious runners are encouraged to participate in this virtual event to raise money for the Raymond Central FoodBank Backpack Program. Event details and schedule 10K, 5K, and 1 mile walk/runs will begin...anytime you want! You can run at any location, at your own pace, outside or on a treadmill, alone or with a group of friends. Train and stay active, walk or run for a good cause! Please take pictures and post to social media with your running crew and t-shirts. Use the #RCHustle #Feedkids. Participants may still register, however, participants will no longer get a t-shirt.

Sign up using the link below:

<https://endurancecui.active.com/event-reg/select-race?e=78325131>

Thank you for supporting the Raymond Central Food Bank Backpack Program!

FOOD BANK BACKPACK PROGRAM . . . Any family whose student attends Raymond Central Schools is eligible to apply. The application form may be found on the website under the parents tab. First priority will be given to student families who qualify for free/reduced lunch. Thank you to all the volunteers who pack the bags each week, and to all who donate to the fund each year.

LIFE SKILLS . . As we continue with our National Bullying Prevention Month this October, here are some signs a child is being bullied. Adults may look for changes in the child. However, be aware that not all children who are bullied exhibit these warning signs. Some signs that may point to a bullying problem are:

- Unexplainable injuries.
- Lost or destroyed clothing, books, electronics, or jewelry.
- Frequent headaches or stomach aches, feeling sick or faking illness.
- Changes in eating habits, like suddenly skipping meals or binge eating. Kids may come home from school hungry because they did not eat lunch.
- Difficulty sleeping or frequent nightmares.
- Declining grades, loss of interest in schoolwork, or not wanting to go to school.
- Sudden loss of friends or avoidance of social situations.
- Feelings of helplessness or decreased self esteem.
- Self-destructive behaviors such as running away from home, harming themselves, or talking about suicide.

If you know someone in serious distress or danger, don't ignore the problem. Get help right away. Please feel free to contact the school.

LIFE SKILLS . . . October was first declared as National Substance Abuse Prevention Month in 2011. Studies show that the earlier an individual starts smoking, drinking or using other drugs, the greater the likelihood of developing addiction. 9 out of 10 people who abuse or are addicted to nicotine, alcohol or other drugs began using these substances before they were 18. People who began using addictive substances before age 15 are nearly 7 times likelier to develop a substance problem than those who delay first use until age 21 or older. Every year that substance use is delayed during the period of adolescent brain development, the risk of addiction and substance abuse decrease (The National Child Traumatic Stress Network, 2021).

RED RIBBON WEEK . . . We will be celebrating Red Ribbon Week October 25-29. The 2021 National Red Ribbon Week Theme, Drug Free Looks Like Me™, was created by Marin Wurst, a 7th grader at Solon Middle School in Solon, Ohio. The Theme is a reminder that everyday Americans across the country make significant daily contributions to their communities by being the best they can be because they live Drug-Free! We will celebrate by dressing up each day along with other activities during the week.

Monday, Oct. 25 – Say NO to Drugs and Bullying! - wear RED
Tuesday, Oct 26 – Drug Free Looks Like Me - wear sunglasses
Wednesday, Oct 27 – "Sock it" to Drugs – wear crazy socks
Thursday, Oct 28 – Team Up Against Drugs – wear school spirit shirt
Friday, Oct 29 – Drugs Are Scary - wear Halloween costume

PARENT TEACHER CONFERENCES . . . thank you to all parents/guardians for attending your child(ren's) conference(s) this past week. We appreciate you taking the time to be involved in your child(ren's) education. Also, thank you to all who used the online system to schedule your conference(s). We appreciate your cooperation.

THANK YOU . . to the PTO for organizing the meals for the staff to enjoy during conferences! We are thankful for our PTO and parent/guardian volunteers who provide us with meals and other goodies to help support us on the long conference days!

NSCAS . . . Individual Student Reports for grades 4-9 are now available for results from last spring's assessments. Parents/guardians were given the reports at parent teacher conferences. A letter from the Nebraska Department of Education with further explanation is included with this FYI.

DRESS FOR THE WEATHER . . . Please make sure your student(s) is dressed appropriately for the weather. As a general practice, students go outside for recess unless the temperature/wind chill is below 15 degrees Fahrenheit. Please be sure to label student attire such as jackets, hats, gloves, etc. so these items do not get lost. Also remind your student to check lost and found if an item is missing. Students may wish to keep an extra jacket in their locker or backpack for when the weather does change and/or dress in layers. Also, your student should be able to button, zip, snap, or tie independently so recess time can be spent outdoors playing, NOT getting dressed.

HALLOWEEN PARTY DAY . . . We are planning to have some Halloween fun on October 29th. In conjunction with Red Ribbon Week activities, this year students may wear their costumes to school and/or slip it on over their clothes. However, students will be expected to wear their facial masks and not their Halloween costume mask while at school.. Please make sure costumes are appropriate for school and blood, gore, guns, knives, and other items resembling weapons are not part of costumes. Costumes and props need to be conducive to learning. Teachers will contact parents for assistance if needed. In Ceresco, weather permitting, the students will change into their costumes before 1:30PM to parade through the downtown area and the parties will begin at 2PM.

SCHOLASTIC BOOK FAIR . . . Thank you to the volunteers who helped make the book fair a success this year in Valparaiso! The online Book Fair for Ceresco is still available until October 24. Anyone can order!

LITTLE CHEER CAMP . . . Participants from Little Cheer Camp will perform at halftime during the football game on Friday, October 22nd.

HIGH SCHOOL FOOTBALL GAME EXPECTATIONS . . . Parents are responsible for supervising their own students. Elementary students who attend Raymond Central's football games are expected to have excellent behavior and sit with an adult. There is to be **NO RUNNING, ROLLING OR SLIDING** on the hill next to the bleachers. Students are not to have footballs or other "throwable" objects at the game or toss them around. Students are expected to WATCH the game. Thanks for your attention to this matter. Tomorrow, Friday, October 22nd, we take on Louisville at home at 7:00PM. Go Mustangs!

MUSTANG FAMILY DAY OUT . . . is Friday October 22nd, (No School Day). Raymond Central PTO is partnering with the Martin's Hillside Orchard (2024 Ashland Rd, Ceresco). They will be open from 10AM-6PM. All RC elementary students will get a voucher to get into Martin's Hillside Orchard for FREE! These vouchers were sent home with students on October 21. Martin's Hillside Orchard will also donate a percentage of sales on Friday, October 22nd to the Raymond Central PTO. Martin's Hillside Orchard is a great local place to pick apples straight from the trees. Pumpkins and other fruits are also available! They have a corn maze, playgrounds, Tire Mountain and much MORE! Come out and join the fun!

PTO MEETING . . . The PTO meets each month on the first Tuesday of the month at 7PM. Meetings rotate between Ceresco Elementary, Valparaiso Elementary, and the Hot Spot located next to Raymono's near Raymond. All elementary parents/guardians are encouraged to be active in the PTO. A zoom meeting link will be available as well. The next meeting is scheduled for Tuesday, November 2nd at the Hot Spot.

FOLLOW PTO . . . on Facebook for updates. Just click "like" so news and reminders will be sent to you. A strong and active PTO is a key contributing factor to the success of our students.

Upcoming Dates . . .

Oct 11-24 Book Fair ONLINE at Ceresco

Oct 22 No School

Oct 22 Mustang Day Out - Martin's Hillside Orchard

Oct 25-29 Red Ribbon Week

Oct 27 Late Start at 10:15AM

Raymond Central Before and After School Program

Before and After School Program Survey:

In an effort to build the Raymond Central Before and After School Program, Civic Nebraska, Raymond Central Education Foundation and Raymond Central Schools would like your input. Please take 3-4 minutes to complete the survey.

[Survey Link](#)

LEGO Club:

Do you have a LEGO fan at your house? We will be hosting a LEGO club on Tuesdays beginning Oct 26, 2021 for four weeks. Each week the students will have LEGO challenges and other activities. *See the link below for additional information.*

Dates:

October 26

November 2

November 9

November 16

[LEGO Club Link](#)

Spooky Science Day:

The Raymond Central After School program is having a Spooky Science day on Friday, October 29, 2021! The day is open to all Raymond Central students K-5. We will be doing experiments, crafts and other activities all with a Halloween theme!

[Spooky Science Day Link](#)

Magic Tree House Book Club:

The Magic Tree House books are great for younger, first time chapter book readers. The chapter and page count range for 80 to 110 pages. Each week the student (perhaps with parent support) will read a couple of chapters and the following week at club they will talk about the book and do activities associated with the story. There may be craft projects, games and activities associated with the book.

[Magic Tree House Book Club Link](#)

The Raymond Central Before and After Program

Raymond Central Before and After School Program by Civic Nebraska is an expanded learning opportunity that delivers new experiences, academic support and civic leadership to students in a safe and fun environment. We collaborate with teachers, administrators and school staff to bridge the school day to the before and after school environment. Students receive academic support, engage in enrichment activities, and have opportunities to grow as civic leaders in their communities.

[21/22 Enrollment Link](#)

[Facebook Page](#)

[Civic Nebraska YCL Video featuring Raymond Central](#)

Payment Structure

Civic Nebraska's Community Learning Center (CLC) billing is based on the number of days per month that your child attends. A minimum billing of two weeks per month will be charged per registered student regardless of actual attendance. We encourage your children to attend every day so that they receive the most from our programs. The cost is \$75/week. We also have scholarships available.

Ten or fewer days attended = 2 weeks (\$150)

11 to 16 days attended = 3 weeks (\$225)

17 to 22 days attended = 4 weeks (\$300)

If you have any questions contact Kara Nelson at kara.nelson@civicnebraska.org

October 25th – 29th is **Red Ribbon Week!**

Show your commitment to a drug-free life!



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