

# Raymond Central's Family Resource Center

## Subject Index

<b>Page #</b>	<b>Subject</b>
1	Abuse
1	Academics
1	Alcohol and Drugs
1	Assertiveness Skills
1 - 2	Attention Deficit Disorders (A.D.D.)
2	Babysitting
2 - 3	Behavior
3	Child Development
3 - 4	Chores and Responsibilities at Home
4	Conflict/Violence
4	Communication
4	Death, Dying and Illness
4 - 5	Decision Making/Being Responsible
5 - 6	Discipline of Children
6	Divorce/Separation
6	Family Relationships

<b>Page #</b>	<b>Subject</b>
6	Fears
6 - 7	Feelings/Emotions
7	Friendship/Peer Pressure
7	Gifted Children
7	Goal Setting
7 - 8	Health and Wellness
8	Homework
8	Learning Disabilities
8	Parent Relationships
8 - 9	Parent/Child Relationships
9 - 10	Parenting Techniques
10	Self-Esteem
11	Sex Education
11	Single Parenting
11	Step-Parenting
11 - 12	Stress
12	Study Skills
12	Suicide
12	Values

## **ABUSE**

I Can't Talk About It  
When Your Child Has Been Molested

## **ACADEMICS**

101 Ways Parents Can Help Students Achieve  
Asking for Help (video)  
Cooperation (video)  
Couch Potato Kids (video)  
Helping Your Child Succeed (video)  
If They Can Do It, We Can Too!  
Read to Me: Raising Kids Who Love To Read  
School and Community "Building a Positive Climate"  
Setting Your Child Up for Success: Anticipating  
and Preventing Problems (video)  
Up from Underachievement  
Yardsticks: Children in the Classroom Ages 4-12

## **ALCOHOL AND DRUGS**

Helping Your Children To Stay Out of Trouble (video)  
Saying "No!" to Alcohol and Other Drugs (video)

## **ASSERTIVENESS SKILLS**

Asking For Help (video)  
Doing the Right Thing (video)  
Helping Your Child to Stay Out of Trouble (video)  
How to say "NO!" and Keep Your Friends

I'm Not Everybody! Helping Your Child Stand  
Up to Peer Pressure (video)

Peer Pressure Reversal

Powerplays: How Teens Can Pull the Plug on  
Sexual Harassment

Saying No! (video)

Saying "No!" to Alcohol and Other Drugs (video)

Setting Your Child up for Success! Anticipating and  
Preventing Problems (video)

The Mouse, The Monster, and Me

When to Say Yes and Make More Friends

## **ATTENTION DEFICIT DISORDER** (A.D.D. & A.D.H.D)

ADHD: What Can We Do? (video)

ADHD: What Do We Know (video)

All About Attention Deficit Disorders

Attention Deficit Hyperactivity Disorder: Questions  
For Parents

Eagle Eyes

Eukee the Jumpy, Jumpy Elephant

Hyperactive Children

If Your Child is Hyperactive, Impulsive, Distractible ...

I Would If I Could: A Teenager's Guide to ADHD/  
Hyperactivity

Learning to Slow Down and Pay Attention

Making the Grade: An Adolescent's Struggle with  
ADD

Maybe You Know My Kid

Medication for ADD: All You Need to Know (video)

My Brother is a First Class Pain: A Sibling's Guide  
To ADHD

## **ATTENTION DEFICIT DISORDER, Continued**

Putting on the Brakes  
Shelley, The Hyperactive Turtle  
Slam Dunk: A Young Boy's Struggle with ADD  
Sometimes I Drive My Mom Crazy, But I Know She's  
Crazy About Me  
Your Hyperactive Child  
Why Won't My Child Pay Attention (video)

## **BABYSITTING**

Babysitting the Responsible Way (Video and manual)

## **BEHAVIOR**

A Change for the Better! Teaching Correct  
Behavior (video)  
Battles, Hassles, Tantrums & Tears: Strategies  
For Coping with Conflict and Making  
Peace at Home  
Being Responsible (video)  
Between Brothers and Sisters  
Children, Depression, and Suicide  
Children Who Tell Lies  
Children Who Wet the Bed  
Children with Obsessive-Compulsive Disorders  
Cooperation (video)  
Coping with Kids  
Couch Potato Kids (video)  
Developing Capable People (Audio Tapes)  
Developing Capable People (videos)

Developing Capable People Course Videos  
Doing the Right Thing (video)  
Don't Rant and Rave on Wednesday  
Everything I Do You Blame on Me  
Handling Emotions (video)  
Helping Your Children to Stay Out of Trouble (video)  
How to Control Your Anger (Before It Controls You)  
How to Talk So Kids will Listen and Listen  
so Kids will Talk  
Hyperactive Children  
If Your Child is Hyperactive, Impulsive, Distractible...  
I Was So Mad!  
John Rosemond's Six Point Plan Book for Raising  
Happy, Healthy Children  
John Rosemond's Six Point Plan for Raising  
Happy, Healthy Children (audio cassette series)  
Kids Are Worth It: Giving Your Child the  
Gift of Inner Discipline  
Kids in Conflict: Keeping Your Cool (video)  
Making the Terrible Twos  
Negotiating Within the Family! You and Your  
Child Can Both Get what you want (video)  
No, I Won't! And You Can't Make Me! (video)  
No More Bedtime Battles  
Parents, Teens, and Boundaries: How to Draw the Line  
Perfectionism: What's Bad About Being Too Good?  
Positive Discipline  
Powerplays: How Teens Can Pull The Plug on Sexual  
Harassment  
Preventing Conflicts and Violence (video)  
Raising Responsible Kids (video series)  
Respecting Others (video)

## **BEHAVIOR, Continued**

Shelley, The Hyperactive Turtle  
Siblings Without Rivalry: How to Help your  
Children live Together so You Can Live Too  
S.O.S. Help for Parents (book/audio tape)  
Surviving Sibling Rivalry  
Surviving Your Adolescents  
Teaching Responsible Behavior (video)  
The Good Kid Book: How to Solve the  
16 Most Common Behavior Problems  
The Strong Willed Child  
The Three R's of Growing Up (video)  
The Very Angry Day That Amy Didn't Have  
Your Hyperactive Child  
Why Won't My Child Pay Attention (video)  
Yardsticks: Children in the Classroom Ages 4-12

## **CHILD DEVELOPMENT**

A Parent's Guide To Raising An Only Child  
A Parent's Guide to Raising Twins  
Children Who Wet The Bed  
Developing Capable People (audio tapes)  
Developing Capable People (videos)  
Developing Capable People (course videos)  
Developmentally Delayed Children  
Dry All Night  
Get Out of My Life, But First Could You Drive Me  
and Cheryl to the Mall?  
Home-Life: The Key to Your Child's  
Success at School

Making the Terrible Twos  
Meet the New You - For Boys (video)  
Meet the New You - For Girls (video)  
Parenting Preschoolers (video)  
Parenting Teenagers  
Parenting Young Children  
Perfectionism: What's Bad About Being Too Good?  
Safeguarding Your Teenager from the Dragons of Life  
Setting Your Child up for Success! Anticipating and  
Preventing Problems (video)  
Siblings Without Rivalry: How to Help your  
Children Live Together so You Can Live Too  
Sleep Disturbances in Early Childhood  
Surviving Your Adolescents  
Teens in Crisis: #5 Relationships with  
the World (video)  
The Hurried Child  
The Strong Willed Child  
Why Can't Anyone Hear Me? A Guide for Surviving  
Adolescence  
Yardsticks: Children in the Classroom Ages 4-12

## **CHORES AND RESPONSIBILITIES AT HOME**

Cooperation (video)  
Couch Potato Kids (video)  
Managing the Morning Rush  
S.O.S. Help for Parents (book/audio tape)  
Take Time to be a Family! Holding Successful Family  
Meetings (video)  
The Family That Works Together  
The Three R's of Growing Up (video)

## **CHORES AND RESPONSIBILITIES AT HOME**

(Continued)

Winning the Chores Wars

You Want Me To Help With The Housework?

No Way! (video)

## **CONFLICT/VIOLENCE**

Don't Rant and Rave on Wednesday

Kids in Conflict: Keeping Your Cool (video)

Preventing Conflicts and Violence (video)

Resolving Conflict (video)

Teens in Crisis: #5 Relationships with  
the World (video)

## **COMMUNICATION**

Cooperation (video)

Developing Capable People (audio tapes)

Developing Capable People (videos)

Developing Capable People (course videos)

Get Out of My Life, But First Could You  
Drive Me and Cheryl to the Mall?

How to Talk So Kids will Listen and Listen  
so Kids will Talk

How to Talk to Your Kids About Really  
Important Things

Kids in Conflict: Keeping Your Cool (video)

Negotiating Within the Family! You and  
Your Child Can Both Get what you want (video)

Take Time to be a Family! Holding Successful  
Family Meetings (video)

Teens in Crisis: #5 Relationships with  
the World (video)

## **DEATH/DYING/ILLNESS**

Children Facing Grief

Coping With Grief

Forever In My Heart

Helping Children Grieve When Someone  
They Love Dies

How Do We Tell The Children

How It Feels When A Parent Dies

I'm Somebody Too!

It Must Hurt A Lot

It Must Hurt A Lot (video)

I Wish I Could Hold Your Hand

(A Child's Guide to Grief and Loss)

On Grieving the Death of a Father

The Grieving Child

The Saddest Time

What about Me? When Brothers and Sisters Get Sick

When A Friend Dies

When Someone Dies

When Someone Has A Serious Illness

When Someone Very Special Dies

When Something Terrible Happens

## **DECISION MAKING-BEING RESPONSIBLE**

Asking For Help (video)  
Cooperation (video)  
Being Responsible (video)  
Doing the Right Thing (video)  
I Can't Decide! What Should I Do? (video)  
Kids in Conflict: Keeping Your Cool (video)  
Saying "No" to Alcohol and Other Drugs (video)  
Teens in Crisis: #5 Relationships with  
the World (video)  
The Three R's of Growing Up (video)

## **DISCIPLINE OF CHILDREN**

1-2-3 Magic "Effective" Discipline  
Between Brothers and Sisters  
Building Self-Esteem Through Positive Discipline  
Catch 'Em Being Good! Happier Kids, Happier  
Parents Through Effective Praise (video)  
Coping With Kids  
Developing Capable People (audio tapes)  
Developing Capable People (videos)  
Developing Capable People Course Videos  
Get Out of My Life, But First Could You Drive Me and  
Cheryl to the Mall?  
Helping Your Children to Stay Out of Trouble (video)  
Home-Life: The Key to Your Child's  
Success at School  
How to Talk So Kids will Listen and  
Listen so Kids will Talk  
If Your Child is Hyperactive, Impulsive, Distractible...

John Rosemond's Six Point Plan Book  
for Raising Happy, Healthy Children  
John Rosemond's Six Point Plan for Raising  
Happy, Healthy Children (audio cassette series)

Kids Are Worth It: Giving Your Child the Gift  
of Inner Discipline  
Liberated Parents/Liberated Children: Your Guide  
to a Happier Family  
Negotiating Within the Family! You and Your  
Child Can Both Get what you want (video)  
No, I Won't! And You Can't Make Me! (video)  
No More Bedtime Battles  
Parent Power  
Parenting Teenagers  
Parenting Preschoolers (video)  
Parenting Young Children  
Parents, Teens, and Boundaries: How to Draw the Line  
Positive Discipline  
Positive Discipline (video series)  
Positive Discipline A - Z  
Positive Discipline for Preschoolers  
Positive Discipline for Single Parents  
Positive Discipline for Teenagers  
Raising Responsible Kids (video series)  
Setting Your Child up for Success! Anticipating  
and Preventing Problems (video)  
Siblings Without Rivalry: How to Help your  
Children Live Together so You Can Live Too  
S.O.S. Help for Parents (book/audio tape)  
Surviving Sibling Rivalry  
Surviving Your Adolescents

## **DISCIPLINE OF CHILDREN, Continued**

Take Time to be a Family! Holding Successful Family Meetings (video)  
The New Dare To Discipline  
The Strong Willed Child  
Time Out: Abuses and Effective Uses  
To Spank or Not to Spank

## **DIVORCE/SEPARATION**

Changing Families: A Guide for Kids and Grown-ups  
Dinosaur Divorce  
Helping Children Cope with Divorce  
How It Feels When A Parent Divorces  
It's Not Your Fault: A Child's Guide to Divorce (video)  
Mom and Dad Are Getting A Divorce  
Mom and Dad Don't Live Together Anymore  
Mommy and Me By Ourselves  
My Life Turned Upside Down, But I Turned it Right Side Up  
My Mom and Dad Are Getting A Divorce  
The Divorce Workbook: A Guide for Kids and Families  
The Kid's Book of Divorce  
The Way It Is: After the Divorce (video)  
What Am I Doing In A Stepfamily?  
When a Parent Marries Again  
When Mom and Dad Break Up (video)  
When Mom and Dad Separate  
When One Parent Leaves

## **FAMILY RELATIONSHIPS**

Between Brothers and Sisters  
Couch Potato Kids (video)  
Developing Capable People (audio tapes)  
Developing Capable People (videos)  
Developing Capable People (course videos)  
Family Fun Activity Book  
Siblings Without Rivalry: How to Help your Children Live Together so You Can Live Too  
S.O.S. Help for Parents (book/audio tape)  
Steven's Baseball Mitt: A Book About Being Adopted  
Take Time to be a Family! Holding Successful Family Meetings (video)  
Teens in Crisis: #5 Relationships with the World (video)  
The Family That Works Together

## **FEARS**

Childhood Anxiety Disorders  
Children, Depression, and Suicide  
If They Can Do It, We Can Too!

## **FEELINGS/EMOTIONS**

Dealing With Disappointment (video)  
Dealing with Feelings (video)  
Dealing with Pressures (video)  
Don't Look at Me!  
Don't Rant and Rave on Wednesday  
Everything I Do You Blame on Me

## **FEELINGS/EMOTIONS, Continued**

Handling Emotions (video)  
How to Control Your Anger (Before It Controls You)  
How You Feel Is Up To You  
I Was So Mad!  
Kids in Conflict: Keeping Your Cool (video)  
My Body is Mine, My Feelings are Mine  
So... Why Aren't You Perfect Yet?  
The Emotional Price: More than Just a Body (video)  
The Very Angry Day That Amy Didn't Have  
Understanding Your Teenager's Depression:  
    Issues, Insights, and Practical Guidelines  
    for Parents

## **FRIENDSHIPS/PEER PRESSURE**

Being Friends (video)  
Cooperation (video)  
Doing the Right Thing (video)  
Friendships (video)  
How Can I Tell If I'm Really In Love (video)  
How to Say "No" and Keep Your Friends  
I'm Not Everybody! Helping Your Child Stand Up to  
    Peer Pressure (video)  
Peer Pressure Reversal  
Powerplays: How Teens Can Pull The Plug  
    on Sexual Harassment  
Respecting Others (video)  
Saying "No" to Alcohol and Other Drugs (video)  
Teens in Crisis: #2 Relationships with Friends (video)  
Too Smart for Trouble

When to Say "Yes" and Make More Friends

## **GIFTED CHILDREN**

Bringing Out the Best: A Resource Guide for Parents of Young Gifted  
The Gifted Kids Survival Guide for Ages 10 and Under  
The Gifted Kids Survival Guide for Ages 11 - 18  
The Survival Guide for Parents of Gifted Children

## **GOAL SETTING**

If They Can Do It, We Can Too!  
Setting and Achieving Goals (Video)  
The Seven Habits of Highly Effective  
    Families (Audio tapes)  
The Seven Habits of Highly Effective  
    People (Audio tapes)  
The Three R's of Growing Up (video)

## **HEALTH/WELLNESS**

Anorexia Nervosa  
Big Kids: A Parents Guide to Weight  
    Control for Children  
Bulimia  
Chicken Soup for the Soul  
Childhood Anxiety Disorders  
Childhood Eating Disorders  
Children, Depression, and Suicide  
Children with Obsessive-Compulsive Disorders  
Couch Potato Kids (video)  
Dry All Night

## **HEALTH/WELLNESS, Continued**

How You Feel Is Up To You  
Perfectionism: What's Bad About Being Too Good?  
So... Why Aren't You Perfect Yet?  
The Seven Habits of Highly Effective  
Families (Audio tapes)  
The Seven Habits of Highly Effective  
People (Audio tapes)  
What about Me? When Brothers and Sisters Get Sick

## **HOMEWORK**

Asking For Help (video)  
Couch Potato Kids (video)  
Ending the Homework Hassle  
Has Homework Been Giving You Problems...  
You're Not Alone (audio tapes)  
Help! It's Homework Time  
Helping Your Child Succeed (video)  
Homework! I'll Do It Later! (video)  
Homework Without Tears: Parent's Guide  
How to Help Your Child With Homework  
Learning To Slow Down and Pay Attention

## **LEARNING DISABILITIES**

Asking For Help (video)  
Cooperation (video)  
Don't Look at Me!  
Help Me to Help My Child: Sourcebook for Parents of  
Children with Learning Disabilities

If They Can Do It, We Can Too!  
Josh: A Boy with Dyslexia  
Learning Disabled Children  
The Misunderstood Child  
The School Survival Guide for Kids with LD  
(Book and audio tape set)  
The Survival Guide for Teenagers with LD  
(Book and audio tape set)

## **PARENT RELATIONSHIPS**

Developing Capable People (audio tapes)  
Developing Capable People (videos)  
Developing Capable People (course videos)  
Time for a Better Marriage

## **PARENT/CHILD RELATIONSHIPS**

Bridging Troubled Waters (audio tapes)  
Developing Capable People (audio tapes)  
Developing Capable People (videos)  
Developing Capable People (course videos)  
Get Out of My Life, But First Could You  
Drive Me and Cheryl to the Mall?  
Getting Along with Parents (video)  
Home-Life: The Key to Your Child's  
Success at School  
How to Talk So Kids will Listen and Listen  
So Kids will Talk  
How to Talk to Your Kids About Really  
Important Things

## **PARENT/CHILD RELATIONSHIPS, Continued**

John Rosemond's Six Point Plan Book for Raising Healthy, Happy Children  
John Rosemond's Six Point Plan for Raising Healthy, Happy Children (audio cassette series)  
Liberated Parents/Liberated Children: Your Guide to a Happier Family  
Negotiating Within the Family! You and Your Child Can Both Get What You Want (video)  
No, I Won't! And You Can't Make Me! (video)  
Parent Power  
Parenting Preschoolers (video)  
Parenting Teenagers  
Parents, Teens, and Boundaries: How to Draw the Line  
Raising Strong Daughters  
Setting Your Child up for Success! Anticipating and Preventing Problems (video)  
Siblings Without Rivalry: How to Help your Children Live Together so You Can Live Too  
S.O.S. Help for Parents (book/audio tape)  
Steven's Baseball Mitt: A Book About Being Adopted  
Surviving Your Adolescents  
Take Time to be a Family! Holding Successful Family Meetings (video)  
Teens in Crisis: #1 Relationships with Parents (video)  
The Strong Willed Child

## **PARENTING TECHNIQUES**

Between Brothers and Sisters

Catch 'Em Being Good! Happier Kids, Happier Parents Through Effective Praise  
Common Sense Parenting  
Coping With Kids  
Developing Capable People (audio tapes)  
Developing Capable People (videos)  
Developing Capable People (course videos)  
Home-Life: The Key to Your Child's Success at School  
How to Talk to Your Kids About Really Important Things  
John Rosemond's Six Point Plan Book for Raising Happy, Healthy Children  
John Rosemond's Six Point Plan for Raising Happy, Healthy Children (audio cassette series)  
Liberated Parents/Liberated Children: Your Guide to a Happier Family  
Negotiating Within the Family! You and Your Child Can Both Get What You Want (video)  
Parent Power  
Parenting Preschoolers (video)  
Parenting Teenagers  
Parenting Young Children  
Parents, Teens, and Boundaries: How to Draw the Line  
Positive Discipline  
Positive Discipline (video series)  
Positive Discipline A - Z  
Positive Discipline for Preschoolers  
Positive Discipline for Teenagers  
Quality Parenting  
Raising Responsible Kids (video series)

## **PARENTING TECHNIQUES, Continued**

Raising Self-Reliant Children in a Self-Indulgent World  
Raising Strong Daughters  
Raising the Richest Kids in Town (audio tape series)  
Setting Your Child up for Success! Anticipating and Preventing Problems (video)  
Siblings Without Rivalry: How to Help your Children Live Together so You Can Live Too Preventing Problems (video)  
S.O.S. Help for Parents (book/audio tape)  
Surviving Your Adolescents  
Take Time be a Family! Holding Successful Family Meetings (video)  
Teens in Crisis: #1 Relationships with Parents (video)  
The Effective Parent  
The Parents Handbook (Systematic Training for Effective Parenting (Audio & Handbook)  
The Parents Handbook (Systematic Training for Effective Parenting)  
The Power of Positive Parenting  
Winning at Parenting... Without Beating Your Child (video)

## **SELF-ESTEEM**

Appreciating Yourself (video)  
Attitude Boosters “Positive Thoughts for Positive People”  
Belief In Self (video)  
Building Self-Esteem Through Positive Discipline (audio tapes)

Catch ‘Em Being Good! Happier Kids, Happier Parents Through Effective Praise (video)  
Chicken Soup for the Soul  
Children, Depression, and Suicide  
Developing Capable People (audio tapes)  
Developing Capable People (videos)  
Developing Capable People (course videos)  
Developing Healthy Self-Esteem (video)  
Don’t Feed the Monsters on Tuesdays  
Don’t Look at Me!  
Enhancing Self-Esteem (video)  
Helping Your Child Succeed (video)  
How to Develop Self-Esteem in Your Child: 6 Vital Ingredients  
How You Feel Is Up To You  
If They Can Do It, We Can Too!  
It’s Great to be Me! Increasing Your Child’s Self-Esteem (video)  
Liking Myself  
Perfectionism: What’s Bad About Being Too Good? Self-Confidence (video)  
So... Why Aren’t You Perfect Yet?  
Teens in Crisis: #4 Relationships with Self (video)  
The Seven Habits of Highly Effective Families (Audio tapes)  
The Seven Habits of Highly Effective People (Audio tapes)

## **SEX EDUCATION**

Loving Touches

Meet the New You - For Boys (video)

Meet the New You - For Girls (video)

My Body is Mine, My Feelings are Mine

My Body Belongs to Me (audio tape/book set)

Powerplays: How Teens Can Pull The Plug  
on Sexual Harassment

Sex Is No Game (video)

Speaking of Sex (video)

Teens in Crisis: #3 Relationships with the  
Opposite Sex (video)

The Emotional Price: More than Just a Body (video)

## **SIBLING RELATIONSHIPS**

Between Brothers and Sisters

Siblings without Rivalry: How to Help Your  
Children Live Together so You Can Live Too  
Surviving Sibling Rivalry

## **SINGLE PARENTING**

Changing Families: A Guide for Kids and Grown-ups  
Impacts of Single Parenting (video)

Mommy and Me By Ourselves

My Kind of Family: A Book for Kids in  
Single Parent Homes

My Life Turned Upside Down, But I Turned  
it Right Side Up

Positive Discipline for Single Parents

The Single Mother's Book

## **STEP-PARENTING**

Changing Families: A Guide for Kids and Grown-ups

Making It As a Stepparent

My Life Turned Upside Down, But I Turned  
it Right Side Up

My Real Family

Step-By-Step: A Guide to Stepfamily Living

Steven's Baseball Mitt: A Book About Being Adopted

What Am I Doing In A Stepfamily?

When a Parent Marries Again

## **STRESS**

Asking For Help (video)

Dealing With Disappointment (video)

Dealing with Feelings (video)

Dealing With Pressures (video)

Don't Pop the Cork on Mondays

Don't Rant and Rave on Wednesday

Fighting Invisible Tigers: A Stress Management  
Guide for Teens

Kids in Conflict: Keeping Your Cool (video)

My Life Turned Upside Down, But I Turned  
it Right Side Up

Perfectionism: What's Bad about Being Too Good?

So... Why Aren't You Perfect Yet?

Stress and the Healthy Family

Stress and Your Child

## **STRESS, Continued**

The Hurried Child

Understanding

You and Stress: A Survivor Guide for Adolescence

Why Can't Anyone Hear Me! A Guide for  
Surviving Adolescence

## **STUDY SKILLS**

101 Ways Parents Can Help Students Achieve

Asking For Help (video)

Helping Your Child Succeed (video)

If Your Child is Hyperactive, Impulsive, Distractible...

Learning To Slow Down and Pay Attention

## **SUICIDE**

A Tribute to Tim (video)

Children, Depression, and Suicide

The Power to Prevent Suicide: A Guide for  
Teens Helping Teens

## **VALUES**

You and Your Values (video)